



SEE YOUR TEAM THRIVE IN **HAPPINESS**, **HEALTH**, AND **PRODUCTIVITY**!

## Corporate Wellnes<mark>s</mark>

THE AFFORDABLE & EFFECTIVE CHOICE FOR SMALL TO MEDIUM-SIZED BUSINESSES



## **EDUCATION (FREE)**

- Empower your staff with our quarterly educational presentations
- Step into comfort with our annual expert shoe fitting and exclusive discounts
- Monthly healthy tips for your employee newsletter







## NUTRITION (FREE)

- Fuel your body with Launch's individualized nutrition programs for all participants
- Work with Launch to set up healthy snack stations around the office to keep your staff energized and productive during the workday
- Identify 5 healthy catering options for staff events and receive a discount



- Private 1-on-1 Fitness Sessions
  - 1/wk: <del>\$499</del> \$424
  - 2/wk: <del>\$988</del> \$840
  - 3/wk: <del>\$1,497</del> \$1,272
- 2-5 Person Group Training
  - 1/wk: <del>\$292</del> \$248
  - 2/wk: <del>\$583</del> \$496
  - 3/wk: <del>\$874</del> \$743
- On-site quarterly fitness classes for your team (FREE)

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WEBSITE: 
LaunchSP.com